

Rachel Ames Reading/Listening List

Date	Audio Book	Author	Rating
11/2011	<u>The Marriage Plan</u>	Jeffrey Eugenides	3
10/2011	<u>Into Thin Air</u>	Jon Krakauer	4.5
8/2011	<u>Incognito</u>	David Eagleman	4
8/2011	<u>Where Men Win Glory</u>	Jon Krakauer	4.5
7/2011	<u>Infidel</u>	Ayaan Hirsi Ali	5
6/2011	<u>The Wave</u>	Susan Casey	4.5
6/2011	<u>The Filter Bubble</u>	Eli Pariser	3.5
5/2011	<u>Three Cups of Deceit</u>	Jon Krakauer	5
4/2011	<u>Irrationality</u>	Stuart Sutherland	5
12/2010	<u>Middlemarch</u>	George Eliot	5
10/2010	<u>The Upside of Irrationality</u>	Dan Ariely	4
11/2010	<u>Predictable Irrational</u>	Dan Ariely	5
12/2010	<u>The Invisible Gorilla</u>	Christopher Chabris, Daniel Simon	5
10/2010	<u>Loving Frank</u>	Nancy Horan	5
10/2010	<u>Squirrel Seeks Chipmunk</u>	David Sedaris	1
10/2010	<u>The Moral Landscape</u>	Sam Harris	5
9/2010	<u>Una Nueva Tierra</u>	Eckhart Tolle	4.5
9/2010	<u>Stillness Speaks</u>	Eckhart Tolle	3
9/2010	<u>Star Island</u>	Carl Hiaasen	3
8/2010	<u>Hotel on the Corner of Bitter and Sweet</u>	Jamie Ford	4.5
7/2010	<u>Barrel Fever and Other Stories</u>	David Sedaris	4
7/2010	<u>David Sedaris: Live for Your Listening Pleasure</u>	David Sedaris	5

6/2010	<u>The Eckart Tolle Audio Collection</u>	Eckhart Tolle	5
6/2010	<u>The Girl Who Kicked the Hornet's Nest</u>	Steig Larssen	5
5/2010	<u>The Help</u>	Kathryn Stockett	4.5
4/2010	<u>The New Earth</u>	Eckert Tolle	5
3/2010	<u>The Journey Into Yourself</u>	Eckert Tolle	5
3/2010	<u>Stones Into Schools</u> (* turns out to be fiction)	Greg Mortenson	4*
2/2010	<u>Born to Run</u>	Christopher McDougal	5
1/2010	<u>Spiritual Liberation</u>	Michael Bernard Beckwith	4
12/2009	<u>The Geography of Bliss</u>	Eric Weiner	5
12/2009	<u>What the Dog Saw</u>	Malcolm Gladwell	5
10/2009	<u>The Girl who Played with Fire</u>	Steig Larssen	5
10/2009	<u>The Secret</u>	Rhonda Byrne	4
9/2009	<u>The Biology of Belief</u>	Bruce Lipton	4
09/2009	<u>The Astonishing Power of Emotions</u>	Esther Hicks and Jerry Hicks	4
8/2009	<u>Joyful Wisdom</u>	Yongey Mingyur, Eric Swanson	5
07/2009	<u>The Brain That Changes Itself</u>	Norman Doidge	5
07/2009	<u>In the Presence of a Great Mystery</u>	Eckhart Tolle	5
07/2009	<u>The Power is Within You</u>	Louise L. Hay	5
07/2009	<u>The Big Bamboo</u>	Tim Dorsey	1
06/2009	<u>The Poisonwood Bible</u>	Barbara Kingsolver	3
05/2009	<u>The Tipping Point</u>	Malcolm Gladwell	3
05/2009	<u>Outliers</u>	Malcolm Gladwell	5
04/2009	<u>Free Yourself from Depression</u>	Colin Sutherland, Margaret Sutherland	4
03/2009	<u>Double Whammy</u>	Carl Hiaasen	3
02/2009	<u>The Guernsey Literary and Potato Peel Pie Society</u>	Mary Ann Shaffer, Annie Barrows	5
02/2009	<u>Animals Make Us Human</u>	Temple Grandin	4.5

01/2009	<u>Run</u>	Ann Patchett	2
12/2008	<u>The Girl with the Dragon Tattoo</u>	Steig Larssen	5
11/2008	<u>Native Tongue</u>	Carl Hiaasen	3
11/2008	<u>Me Talk Pretty One Day</u>	David Sedaris	5
10/2008	<u>Dress Your Family in Corduroy and Denim</u>	David Sedaris	4
10/2008	<u>What I Talk about When I Talk about Running</u>	Haruki Murakami	5
10/2008	<u>Change We Can Believe In</u>	Barack Obama	2
09/2008	<u>The Memory of Running</u>	Ron McLarty	4
09/2008	<u>The Last Lecture</u>	Randy Pausch, Jeffrey Zaslow	4
08/2008	<u>Getting Stoned with the Savages</u>	J. Maarten Troost	3
08/2008	<u>The Sex Lives of Cannibals</u>	J. Maarten Troost	4
07/2008	<u>Lost on Planet China</u>	J. Maarten Troost	5
07/2008	<u>Skin Tight</u>	Carl Hiaasen	3
06/2008	<u>Skinny Dip</u>	Carl Hiaasen	4
06/2008	<u>When You Are Engulfed in Flames</u>	David Sedaris	4
05/2008	<u>The Friday Night Knitting Club</u>	Kate Jacobs	3
04/2008	<u>Angela's Ashes</u>	Frank McCourt	3
03/2008	<u>I'm a Stranger Here Myself</u>	Bill Bryson	4
02/2008	<u>The Rainmaker</u>	John Grisham	3
01/2008	<u>The Omnivore's Dilemma</u>	Michael Pollan	4
11/2007	<u>The Thirteenth Tale</u>	Diane Setterfield	4
11/2007	<u>Into the Wild</u>	Jon Krakauer	4
10/2007	<u>The Brief Wondrous Life of Oscar Wao</u>	Junot Diaz	3
09/2007	<u>Water for Elephants</u>	Sara Gruen	4
08/2007	<u>A Thousand Splendid Suns</u>	Khaled Hosseini	5
04/2007	<u>Hidden River</u>	Adrian McKinty	3

02/2007	<u>Restless</u>	William Boyd	4
02/2007	<u>The History of Love</u>	Nicole Krauss	3
12/2006	<u>The Memory Keeper's Daughter</u>	Kim Edwards	3
10/2006	<u>The Origin of Species</u>	Charles Darwin	2
10/2006	<u>A Walk in the Woods</u>	Bill Bryson	4
07/2006	<u>The Glass Castle</u>	Jeanette Walls	3
05/2006	<u>Freakonomics</u>	Steven D. Levitt and Stephen J. Dubner	3
5/2006	<u>Marley and Me</u>	John Grogan	4
4/2006	<u>On Intelligence</u>	Jeff Hawkins, Sarah Blakeslee	4
3/2006	<u>Penguin Island (Did not finish)</u>	Anatoli France	0
2/2006	<u>Animals in Translation</u>	Temple Grandin	5
1/2005	<u>What Remains</u>	Carole Radziwill	4
1/2005	<u>Brokeback Mountain</u>	Annie Proulx	5
12/2005	<u>Memoirs of a Geisha</u>	Arthur Golden	4
11/2005	<u>The Time Traveler's Wife</u>	Audrey Niffenager	5
10/2005	<u>Blink</u>	Malcom Gladwell	4
9/03	<u>The Curious Incident of the Dog in the Night-time</u>	Mark Haddon	5
8/2005	<u>My Sister's Keeper</u>	Ann Picoult	3
7/2005	<u>The World is Flat</u>	Thomas L. Friedman	4
5/2005	<u>A Short History of Nearly Everything</u>	Bill Bryson	4
4/2005	<u>Da Vinci Code</u>	Dan Brown	4
3/2005	<u>The Kite Runner</u>	Khalid Hosseini	5
02/2005	<u>Under the Banner of Heaven</u>	Jon Krakauer	3
2/2005	<u>Bless Me, Ultima</u>	Rudolfo Anaya	3
01/2005	<u>Sleeping with the Devil</u>	Robert Baer	?
12/2004	<u>The Secret Life of Bees</u>	Sue Monk Kidd	4
11/2004	<u>Tuesdays with Morrie</u>	Mitch Albom	5

10/2004	<u>Reading Lolita in Tehran</u>	Azar Nafisi	5
09/2004	<u>Middlesex</u>	Jeffrey Eugenides	5
09/2004	<u>Siddhartha</u>	Herman Hesse	5
08/2004	<u>The Crisis of Islam</u>	Bernard Lewis	4
07/2004	<u>Candide</u>	Voltaire	2
06/2004	<u>Plan of Attack</u>	Bob Woodward	3
06/2004	<u>Angels and Demons</u>	Dan Brown	5
05/2004	<u>Life Strategies</u>	Phillip C. McGraw	4
04/2004	<u>The Lexus and the Olive Tree</u>	Thomas L. Friedman	4
04/2004	<u>Dr. Phil Getting Real</u>	Dr. Phil McGraw	4
03/2004	<u>Seabiscuit</u>	Laura Hillenbrand	3
03/2004	<u>Life of Pi</u>	Yann Martel	3

I've read the following books in print

Date	<u>Book</u>	Author	Rating
6/2008	<u>The Drama of the Gifted Child</u>	Alice Miller	3
8/2008	<u>Waking the Tiger</u>	Peter Levine	5
10/2008	<u>The Body Bears the Burden</u>	Robert Scaer	5
1/2009	<u>The Highly Sensitive Person</u>	Elaine Aron	5
3/2009	<u>Animal Dreams</u>	Barbara Kingsolver	3
3/2009	<u>Take Off Your Glasses and See</u>	Jacob Liberman	2
9/2009	<u>Mending the Past and Healing the Future with Soul Retrieval</u>	Alberto Villoldo	4
10/2009	<u>Marry Yourself First</u>	Ken Donaldson	4
10/2009	<u>Your Self Behind the Symptoms</u>	Judith Hendin	5
11/2009	<u>Drawing on the Right Side of the Brain</u>	Betty Edwards	5
12/2009	<u>The Energetics of Voice Dialogue</u>	Robert Stamboliev	4
1/2010	<u>Embracing Our Selves</u>	Hal and Sidra Stone	5
3/2010	<u>The Joy of Living</u>	Yongey Mingyur, Eric Swanson	5

4/2010	<u>The Divided Mind</u>	John Sarno	4
5/2010	<u>The BodyMind Prescription</u>	John Sarno	5
5/2010	<u>The Evolution on Consciousness</u>	Robert Ornstein	4 (didn't finish)
6/2010	<u>Meditation Made Easy</u>	Lorin Roche	5
6/2010	<u>Make Work Work for the Highly Sensitive Person</u>	Berrie Jaeger	4
11/2010	<u>Everything You Need to Know About Lyme Disease and Other Tick-Borne Disorders</u>	Karen Vanderhoof-Forschner	1
11/2010	<u>Coping with Lyme Disease: A Practical Guide to Dealing with Diagnosis and Treatment</u>	Denise Lang	1